



This Institution is an equal opportunity provider  
Menus are subject to change



Benson Village School  
Lunch  
May 2017



Mon., May 1	Tues., May 2	Wed., May 3	Thurs., May 4	Fri., May 5
Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries Fresh Fruit & Veggie Bar	Spaghetti w/ Homemade Meat or Marinara Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Broccoli Salad</b> Fresh Fruit & Veggie Bar	Taste Test Event Pancakes w/ <b>Local Maple Syrup</b> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar	<b>Cinco De Mayo</b> Fiesta Taco Bar w/ Soft Shell Spanish Rice Confetti Black Bean & Corn Salad Festive Dessert Fresh Fruit & Veggie Bar
Mon., May 8	Tues., May 9	Wed., May 10	Thurs., May 11	Fri., May 12
Sloppy Joe's Oven Baked French Fries Fresh Fruit & Veggie Bar	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Sautéed Radishes</b> Fresh Fruit & Veggie Bar	Homemade Goulash Garlic Breadstick Fresh Fruit & Veggie Bar	BBQ Pulled Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar
Mon., May 15	Tues., May 16	Wed., May 17	Thurs., May 18	Fri., May 19
Meatball Sub Garden Pasta Salad Fresh Fruit & Veggie Bar	Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce) Rice Pilaf Fresh Fruit & Veggie Bar	Homemade <b>Tomato Soup</b> Cheesy Breadsticks w/Marinara Fresh Fruit & Veggie Bar	Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar	French Toast Sticks w/ <b>Local Maple Syrup</b> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon., May 22	Tues., May 23	Wed., May 24	Thurs., May 25	Fri., May 26
Oven Baked Chicken Nuggets w/Dipping Sauce <b>Kale Pesto Pasta Salad</b> Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Summer Radish Salad</b> Fresh Fruit & Veggie Bar	Turkey & Biscuits Chef's Mashed Potato Fresh Fruit & Veggie Bar	<b>BirthDay Celebration</b> Chicken Caesar Wrap Chicken Noodle Soup Fresh Fruit & Veggie Bar
Mon., May 29	Tues., May 30	Wed., May 31		
<b>No School</b>	Oven Baked Corn Dog Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Broccoli Salad</b> Fresh Fruit & Veggie Bar		

DAILY LUNCH OPTIONS

Entrée Options

Main Meal or  
Yogurt Meal or  
Deli Sandwich

Offered with all Meals  
Fresh Fruit & Veggie Bar &  
Vegetable Soup

Hood Milk: Skim, 1%  
white or  
Fat-Free Chocolate

Prices

Breakfast	\$1.50	Lunch	\$2.60
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
	Milk \$ .50		

Pay for meals on-line  
For free on-line service go to  
<http://www.abbeygroup.net>  
Search for Your School and Click the  
K12 Payment Center link

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk



Taste Test Event  
Thursday  
May 4, 2017  
Sautéed Radishes

Harvest of the Month  
May



Radish



Local Products Used when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED





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Mon., May 1	Tues., May 2	Wed., May 3	Thurs., May 4	Fri., May 5
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Banana Bread Squares Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., May 8	Tues., May 9	Wed., May 10	Thurs., May 11	Fri., May 12
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Banana Bread Squares Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., May 15	Tues., May 16	Wed., May 17	Thurs., May 18	Fri., May 19
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Banana Bread Squares Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., May 22	Tues., May 23	Wed., May 24	Thurs., May 25	Fri., May 26
Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Banana Bread Squares Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., May 29	Tues., May 30	Wed., May 31		
<b>No School</b>	Whole Grain Banana Bread Squares Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk		

## Benson Village School Breakfast May 2017

### DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or  
Bagels w/Cream Cheese or  
Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**



**Questions or Comments regarding your School Meal Program?**

Please contact The Abbey Group Vice President of Operations  
Scott Choiniere  
scott@abbeygroup.net

### Prices

Breakfast	\$1.50	Lunch	\$2.60
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
Milk \$.50			

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Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

